

Congratulations

You have been listed for heart transplantation. Now begins the process of waiting for your new heart. This book is meant to help you and your care partners understand the journey of waiting for your heart, what to expect during the heart transplant surgery, and a brief overview of lifestyle changes you should anticipate after your transplant. It will help teach you what you need to know about taking care of yourself, and serve as a reference guide for common questions.

Considering what a big deal it is to be listed for and receive a heart transplant, it is normal to feel overwhelmed. Please take the time to read this book so you have a better understanding of what's to come and hopefully ease some of your concerns. Jot down questions as you think of them and reach out to your coordinator at any time as they are here to help you along this process. We are excited to go on this journey with you and are here for you whenever you need us.